

# ESBRA CONGRESS 2017 8-11 OCTOBER 2017

CRETA MARIS CONVENTION CENTRE HERSONISSOS CRETE / GREECE

22 European CME credits by the European Accreditation Council for Continuing Medical Education



Secretariat: Panhellas Tourism & Congress

# ESBRA CRETE 2017 SCIENTIFIC PROGRAM

### 8<sup>TH</sup> - 11<sup>TH</sup> OCTOBER

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 10. WEDNESDAY 11<sup>TH</sup> OCTOBER, 2017

SCIENTIFIC PROGRAM
 SUNDAY 8<sup>TH</sup> OCTOBER, 2017
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25. PLENARY33. POSTERS

#### **SCIENTIFIC COMMITTEE**

TOMÁŠ ZIMA HELMUT SEITZ MARCIN WOJNAR JOAQUIN FERNANDEZ-SOLA FÉLIX STICKEL GIOVANNI ADDOLORATO PHILIPPE DEWITTE ESA KORPI MICKAËL NAASSILA HENRIETTE WALTER ROBERTA WARD GIANCARLO COLOMBO JONATHAN CHICK

#### **ORGANIZING COMMITTEE**

ANIFANTAKIS, JANNIS (FLORENCE) CHRISTIDI, STELLA (ATHENS) DIAKOGIANNIS, IOANNIS (THESSALONIKI) FOTOPOULOS, DIMOS (RETHYMNO) **GRINAKIS, EVANGELOS (HERAKLION)** KOGEVINAS, ANTHONY (CORFU) KOULENTAKI, MARY (HERAKLION) LESCH, OTTO (VIENNA) MELLOS, ELEFTHERIOS (ATHENS) PANAGIOTIDIS, PANAGIOTIS (THESSALONIKI) PANAGIS, GEORGIOS (RETHYMNO) PAPARRIGOPOULOS, THOMAS (ATHENS) TÖZÜN, NURDAN (ISTANBUL) TOTEVA, SONIA (SOFIA) TZANAKIS, NIKOS (HERAKLION) VERESIES, KYRIACOS (LARNACA)



# welcome address

#### Dear Colleagues,

On behalf of the Organizing Committee of the ESBRA 2017 Congress I am happy to welcome you to the 16th Congress of the European Society for Biomedical Research on Alcoholism in Heraklion, Crete. The congress takes place in Hersonissos, at the Convention Center Creta Maris, 30 kilometers from the city of Heraklion.

ESBRA, a society that promotes excellence in alcohol research on a European and international level, has a precious tradition of scientific meetings. The organizing committee aims to follow this rich tradition offering outstanding new scientific information on animal and human experimental studies, epidemiology, psychological and social aspects, groups of mutual help and, of course, clinical practice in the large and developing scientific field of Alcohology.

During the ESBRA 2017 Congress leading scientists in their field will give state-of-theart lectures in seven plenary sessions. We will have the opportunity to be informed on recent developments in the fields of epidemiology and genetics, association between alcohol and cancer, alcoholism subgroups, fetal alcohol spectrum disorders, alcohol use disorders in special populations, alcoholic liver disease and pharmacological treatment among others. There will be 24 symposia covering issues on recent knowledge about prevention, treatment, social and psychological aspects of alcohol use disorders, as well as basic and clinical aspects of alcohol related pathologies. Among them there are joint symposia of ESBRA with LASBRA (Latin-American Society for Biomedical Research on Alcoholism), ISBRA (International Society for Biomedical Research on Alcoholism), European Association for the Study of Liver (EASL) and Japanese Medical Society of Alcohol and Addiction Studies (JMSAAS).

Finally, for the 16th ESBRA Congress there have been selected and will be presented 18 free oral communications and 50 posters. Four educational and interactive workshops have been organized.

The congress aspires to be an ideal place for researchers, clinicians, and students to interact and share ideas. The Organizing Committee of the ESBRA 2017 Congress expects to offer a platform for building European and worldwide collaborations and networks in the field of Alcohology. In the spirit of the above principles we hope to offer to you a friendly milieu that will encourage the ignition of innovative ideas.

Dear Colleagues, enjoy the Congress!

Iannis A. Mouzas Congress President, ESBRA 2017

# ESBRA CRETE 2017 SCIENTIFIC PROGRAM

OVERVIEW SCIENTIFIC PROGRAM

# OCTOBER SUNDAY 8<sup>TH</sup> MONDAY 9<sup>TH</sup> TUESDAY 10<sup>TH</sup> WEDNESDAY 11<sup>TH</sup>

# SUNDAY 8TH OCTOBER, 2017

10:00 - 13:30 Registrations - Olympus Hall

11:00 - 13:00	ESBRA Board Meeting 1	APHRODITE HALL
13:00 - 14:30	FREE ORAL COMMUNICATIONS PRECLINICAL-CNS-PSYCHOSOCIAL Chairs: Roberta Ward, Belgium/UK Consuelo Guerri, Spain	DANAE HALL
	FREE ORAL COMMUNICATIONS EPIDEMIOLOGY-PSYCHOSOCIAL Chairs: Sonya Toteva, Bulgaria Marcin Wojnar, Poland	ATHENA HALL
14:30 - 15:30	PLENARY1 Chair: Esa Korpi, Finland Ethanol's interaction with brain dopamine systems provides clues for new treatments of alcoholism Bo Söderpalm, Sweden	
15:30 - 16:00	COFFEE TO GO	
16:00 - 17:30	<b>S01 Alcoholic fatty liver: Pathology and screening strategies</b> Chairs: Sebastian Mueller, Germany, Claus Hellerbrand, Germany	MINOS HALL
	<b>S02 Acute and chronic effects of ethanol on ligand-gated ion channels</b> Chairs: Luis G. Aguayo, Chile, Mia Ericson, Sweden	DANAE HALL
	<b>WORKSHOP 1</b> <b>Human error, medical error and how they are built</b> Anthony Kogevinas, Greece Nurdan Tözün, Turkey	ATHENA HALL
17:30 - 18:30	PLENARY2 Chair: Iannis Mouzas, Greece <b>Pharmacological treatment of alcoholic</b> <b>patients: a focus on GABAb-ergic drugs</b> Giovanni Addolorato, Italy	
18:30 - 19:30	OPENING CEREMONY / WELCOME SPEECHES OPENING SPEECH Spinalonga, a monument of outstanding universal value Nick Panoutsopoulos, archaeologist	
19:30	Exhibition opening & Get together welcome reception - ALCOHOL FREE COCKTAILS	

	MONDAY 9TH OCTOBE	ER, 2017
08:30 - 10:00	<b>S03</b> Investigation of vulnerability to addictive behavior in animal models of alcohol use disorder Chair: Mickael Naassila, France	MINOS HALL
	<b>S04 Role of iron in alcoholic liver disease: Molecular insights and prognostic aspects</b> Chairs: Sebastian Mueller, Germany, Carolin Lackner, Austria	DANAE HALL
	WORKSHOP 2 Lesch Typology: How to use it in daily practice Otto Lesch, Austria	ATHENA HALL
10:00 - 10:30	COFFEE TO GO	
10:30 - 11:30	PLENARY3 Chair: Helmut Seitz, Germany Alcohol and Cancer: From epidemiology to genetic susceptibility and animal models Vasilis Vasiliou, USA	
11:30 - 13:00	<b>S05 Drinking to cope or coping not to drink -</b> <b>managing emotions in alcohol dependence</b> Chairs: Marcin Wojnar ,Poland Kirk J. Brower, USA	MINOS HALL
	<b>S06 Modifiers of progression of alcoholic</b> <b>liver disease</b> Chairs: Claus Hellerbrand, Germany Felix Stickel, Switzerland	DANAE HALL
	<b>S07 Treatment of alcohol dependence with agonistic substances</b> Chairs: Albrecht Ulmer, Germany Icro Maremmani, Italy	ATHENA HALL
13:00 - 14:00	LUNCH BREAK	
14:00 - 14:30	Poster Session I	
14:30 - 15:30	PLENARY4 Chair: Jonathan Chick Alcohol misuse in special populations; learning disabilities and people with traumatic brain injury. Christos Kouimtsidis, UK	

15:30 - 17:00	<b>S08 Clinically relevant research in subgroups of alcoholism</b> Chairs: Roberta Ward, UK/Belgium Henriette Walter, Austria	MINOS HALL
	<b>S09 Role of Nutrition in Alcoholic Liver Disease</b> Chairs: Irina A. Kirpich, USA Samir Zakhari, USA	DANAE HALL
	<b>\$10 Why do repeated alcohol detoxifications matter?</b> Chairs: Christos Kouimtsidis, UK Theodora Duka, UK	ATHENA HALL
17:00 - 17:30	COFFEE TO GO	
17:30 - 19:00	<b>S11 Novel G protein-coupled receptors as potential targets for treating alcoholism</b> Chair: Esa Korpi, Finland	MINOS HALL
	<b>S12 Possibilities and pitfalls in mutual help for alcohol problems</b> Chair: Jonathan Chick, UK	DANAE HALL
	<b>S23 Alcohol and cancer</b> Chairs: Vasilis Vasiliou, USA Helmut K. Seitz, Germany	ATHENA HALL
19:00 - 20:30	ESBRA General Assembly	DANAE HALL

	TUESDAY 10TH OCTOBEI	R, 2017
08:30 - 10:00	S13 Challenges in the treatment of alcoholic liver disease (Symposium organized by the Hellenic Association for the Study of the Liver) Chair: Evangelos Akriviades, Greece	MINOS HALL
	<b>S14 New approaches for understanding alcohol use disorders and potential new treatments (ESBRA-LASBRA Joint Symposium)</b> Chairs: Rosana Camarini, Brazil Mickael Naassila, France	DANAE HALL
	WORKSHOP 3 Benefits of hypnotherapy against craving? Henriette Walter, Austria	ATHENA HALL
10:00 - 10:30	COFFEE TO GO	
10:30 - 11:30	PLENARY5 Chair: Giovanni Addolorato <b>Subgroups of addiction: From basic research to therapy</b> Otto Lesch, Austria	
11:30 - 13:00	<b>S15 New insights into adolescent binge drinking:</b> <b>Preclinical and clinical studies</b> Chairs: Consuelo Guerri, Spain, Rosana Camarini, Brasil	MINOS HALL
	S16 Alcoholic Fatty Liver Disease: Use of animal and cell models for identification of potential novel therapeutic targets and implications of alcohol- therapeutic interactions Chairs: Carol A. Casey, USA Min You, USA	DANAE HALL
	<b>S17 Alcohol use disorders in the General Hospital</b> Chairs: Ioannis Diakogiannis, Greece Panagiotis Panagiotidis, Greece	ATHENA HALL
13:00 - 14:00	LUNCH BREAK	
14:00 - 14:30	Poster Session II	
	ESBRA BOARD MEETING II	ATHENA HALL
14:30 - 15:30	PLENARY6 Chair: Consuelo Guerri <b>Fetal Alcohol Spectrum Disorders (FASD). An overview</b> Edward P. Riley, USA	MINOS HALL

	ESBRA CRETE 2017 - SC	ENTIFIC PROGRAM
	TUESDAY 10 <sup>th</sup> Octobe	ER, 2017
15:30 - 17:00	<b>S18 Joint EASL-ESBRA symposium</b> <b>New molecular insight leads to new therapeutic</b> <b>concepts</b> Chairs: Pau Sancho-Bru (EASL) Felix Stickel (ESBRA)	MINOS HALL
	<b>S19 Alcohol use disorders in Greece:</b> <b>Clinical and treatment issues</b> Chairs: Thomas Paparrigopoulos, Dimos Fotopoulos	DANAE HALL
	<b>S20 Alcohol potentiates the pathogenesis of viral infections</b> Chairs: Kusum K. Kharbanda, USA Natalia A. Osna USA	ATHENA HALL
6:00 - 17:00	COFFEE TO GO	
17:00 - 18:00	Charles Lieber Memorial Lecture Chair: Tomáš Zima Alcohol Intake: From Initiation to Relapse Binge-drinking. Mechanisms and Translational Opportunities Yedi Israel, Chile	
18:00 - 19:30	<b>S21 Comorbidities of alcohol dependence</b> JMSAAS/ESBRA joint symposium Chairs: Toshi Saito, Japan Helmut K. Seitz, Germany	MINOS HALL
	<b>S22 YOUNG INVESTIGATOR SYMPOSIUM</b> Chairs: Tomáš Zima, Czech Republic Iannis Mouzas, Greece	DANAE HALL
	WORKSHOP 4	ATHENA HALL

20:30 Departure by coach in front of the Creta Maris Convention Centre Evening including dinner arrangements and a Folklore show in a Cretan Village Return to the hotel around Midnight

Cognitive behavioral treatment in alcohol

**use disorders. A user guide** Christos Kouimtsidis, UK

### ESBRA CRETE 2017 - SCIENTIFIC PROGRAM WEDNESDAY 11<sup>TH</sup> OCTOBER, 2017 **MINOS HALL** 08:30 - 10:00 FREE ORAL COMMUNICATIONS ALCOHOL INDUCED ORGANIC DAMAGE Chairs: Joaquim Fernandez-Sola, Spain Felix Stickel, Switzerland S24 Neuroimaging Consortia in Alcohol Research DANAE HALL (SYMPOSIUM ORGANIZED BY ISBRA-ESBRA) Chairs: Rainer Spanagel, Germany Mickael Naassila, France 10:00 - 10:45 Lecture Nordmann Award 2016 Winner MINOS HALL Chair: Philippe de Witte Lucia Hipólito, Spain 10:45 - 11:45 PLENARY7 Chair: Felix Stickel Alcohol-related liver disease and its neurological co morbidities-is it all in the genes Marsha Y Morgan, UK CLOSING CEREMONY, AWARDS 11:45 - 13:00

# ESBRA CRETE 2017 SCIENTIFIC PROGRAM

SCIENTIFIC PROGRAM

# OCTOBER SUNDAY 8<sup>TH</sup> MONDAY 9<sup>TH</sup> TUESDAY 10<sup>TH</sup> WEDNESDAY 11<sup>TH</sup>

## SUNDAY 8TH OCTOBER, 2017

10:00 - 13:30 Registrations - Olympus Hall

11:00 - 13:00

**ESBRA Board Meeting 1** 

#### 13:00 - 14:30

#### FREE ORAL COMMUNICATIONS PRECLINICAL-CNS-PSYCHOSOCIAL Chairs: Roberta Ward, Belgium/UK / Consuelo Guerri, Spain

A structural and functional study of the effects of rs698 (Ile350Val) and rs1693482 (Arg272GIn) in ADH1C / Z. Alsafi, UK

Corticosteroid modulation and testosterone changes during alcohol intoxication affects voluntary alcohol drinking / P. Eriksson, Finland

The methodology of Clubs of Alcoholics in Treatment in the framework of systemic therapy *I. Anifantakis, Italy* 

Effect of Screening and Brief Interventions (SBI) in reducing the risk drinking by individuals with HIV / T. Barroso, Portugal

Low  $\mu$ -opioid receptor status in alcohol dependence identified by combined positron emission tomography and post-mortem brain analysis / D. Hermann, Germany

Identification of at-risk alcohol consumption patterns: retrospective surveys versus a smartphone application / A. Poulton, Australia

Assessment of sleep - wake patterns in Lesch's type 1 and type 2 tobacco dependents N. Souirti, Austria

ATHENA HALL

#### FREE ORAL COMMUNICATIONS EPIDEMIOLOGY-PSYCHOSOCIAL Chairs: Sonya Toteva, Bulgaria / Marcin Wojnar, Poland

Alcohol beverage household expenditure, taxation and government revenues in broader European WHO region / M. Jakovljevic, Serbia

Increases in alcohol use, high-risk drinking and DSM-IV alcohol use disorders in the United States, 2001-2002 and 2012-201 / B. Grant, USA

Validity and cultural characteristics of Lesch alcoholism typology in a Bulgarian sample V. Jenkov, Bulgaria

Binge-drinking and risky alcohol consumption among university students. L. Moure-Rodriguez, Spain

Alcohol drink advertisement analysis and Hellenic and European legislation regulations compliance investigation / A. Simotas, Greece

A diet high in  $\omega$ 6 polyunsaturated fatty acids leads to liver injury that was attenuated by decreased  $\omega$ 6: $\omega$ 3 ratio in a drinking in the dark mouse model / I. Kirpich, USA

#### 14:30 - 15:30

#### PLENARY1 Chair: Esa Korpi, Finland

**Ethanol's interaction with brain dopamine systems provides clues for new treatments of alcoholism** Bo Söderpalm, Sweden



APHRODITE HALL

#### ESBRA CRETE 2017 - SCIENTIFIC PROGRAM

## SUNDAY 8TH OCTOBER, 2017

#### 15:30 - 16:00

#### 16:00 - 17:30

#### S01 Alcoholic fatty liver: Pathology and screening strategies Chairs: Sebastian Mueller, Germany / Claus Hellerbrand, Germany

Alcohol and Obesity: a dangerous association for fatty liver disease Claus Hellerbrand, Germany

Controlled attenuation parameter- a novel way to measure fatty liver Magali Sasso, France

Controlled attenuation parameter (CAP) accurately diagnoses hepatic steatosis in patients with alcoholic liver disease / Maja Thiele, Denmark

Delayed resolution of liver stiffness and steatosis after alcohol detoxification in heavy drinkers with the PNPLA3 variant 1148M / Sebastian Mueller, Germany

**DANAE HALL** 

ATHENA HALL

#### S02 Acute and chronic effects of ethanol on ligand-gated ion channels Chairs: Luis G. Aguayo, Chile / Mia Ericson Sweden

Role of glycine receptors in ethanol consumption behavior Mia Ericson, Sweden

Persistent neuroplasticity in VTA DA neurons induced by alcohol and GABAergic drugs Esa Korpi, Finland

The presence of glycine receptors in different brain regions can explain the different effects of ethanol / Luis G. Aguayo, Chile

WORKSHOP 1 Human error, medical error and how they are built

Anthony Kogevinas, Greece / Nurdan Tözün, Turkey

#### 17:30 - 18:30

PLENARY2 Chair: Iannis Mouzas, Greece Pharmacological treatment of alcoholic patients: a focus on GABAb-ergic drugs Giovanni Addolorato, Italy

18:30 - 19:30

**OPENING CEREMONY / WELCOME SPEECHES OPENING SPEECH** Spinalonga, a monument of outstanding universal value Nick Panoutsopoulos, archaeologist

#### 19:30

Exhibition opening & Get together - welcome reception - ALCOHOL FREE COCKTAILS

#### COFFEE TO GO

## **MINOS HALL**

#### 08:30 - 10:00

#### MINOS HALL

#### S03 Investigation of vulnerability to addictive behavior in animal models of alcohol use disorder Chair: Mickael Naassila, France

Interactions between microbiota and alcohol-related behaviors José-Antonio Lopez-Moreno, Spain

Social play as a factor for risk or resilience to loss of control over alcohol seeking rats Heidi Lesscher, Netherlands

Vulnerability to develop excessive alcohol intake in the post-dependent state model of voluntary binge drinking rats *Mickael Naassila, France* 

Effects of energy drinks on alcohol consumption Victor Echeverry-Alzate, Spain

**DANAE HALL** 

#### S04 Role of iron in alcoholic liver disease: Molecular insights and prognostic aspects Chairs: Sebastian Mueller, Germany / Carolin Lackner, Austria

Histology of iron overload in alcoholic liver disease: Are there prognostic implications? Carolin Lackner, Austria

Iron parameters determine the mortality in alcoholic liver disease. Pavel Strnad, Germany

Enterohepatic adaptation of iron transport and metabolism to acute high altitude hypoxia – insights into general principles of iron homeostasis Andreas Geier, Germany

Independent and additive induction of hepcidin by hypoxia and peroxide: Evidence for NOX4-mediated iron signaling Ines Silva, Portugal

Masked-hemolysis as novel cause of hepatic iron overload in ALD. Sebastian Mueller, Germany

**ATHENA HALL** 

WORKSHOP 2 Lesch Typology: How to use it in daily practice Otto Lesch, Austria

10:00 - 10:30

**COFFEE TO GO** 

10:30 - 11:30

PLENARY3 Chair: Helmut Seitz, Germany Alcohol and Cancer: From epidemiology to genetic susceptibility and animal models Vasilis Vasiliou, USA

#### 11:30 - 13:00

#### **MINOS HALL**

#### S05 Drinking to cope or coping not to drink - managing emotions in alcohol dependence Chairs: Marcin Wojnar, Poland / Kirk J. Brower, USA

Inter- and intrapersonal emotional processes in treated alcohol-dependent patients and non-addicted healthy individuals *M. Kopera, Poland* 

Physician drinking and depression Kirk J. Brower, USA

Alcohol dependence in psychopathy Aleksandra Krasowska, Poland

Emotion regulation and impulsivity in alcohol-dependent patients Andrzej Jakubscyk, Poland

**DANAE HALL** 

#### S06 Modifiers of progression of alcoholic liver disease Chairs: Claus Hellerbrand, Germany / Felix Stickel, Switzerland

Effect of iso-alpha-acids, bitter acids in beer, on acute alcohol induced liver injury Ina Bergheim, Austria

Influence of hepatic preinjury on development of alcoholic liver disease Steven Dooley, Germany

Effects of the hop flavonoid Xanthohumol on alcohol induced hepatic steatosis, inflammation and fibrosis *Claus Hellerbrand, Germany* 

Cannabinoid receptors modulate alcohol-induced liver injury Eleonora Patsenker, Switzerland

ATHENA HALL

#### S07 Treatment of alcohol dependence with agonistic substances Chairs: Albrecht Ulmer, Germany / Icro Maremmani, Italy

Established and future therapies in chronic alcohol dependence Henriette Walter, Austria

Documented experience with Dihydrocodeine, Buprenorphine, Baclofen and Clomethiazole Albrecht Ulmer, Germany

GHB as part of agonist treatment when alcohol is a co-dependence Icro Maremmani, Italy

#### 13:00 - 14:00

14:00 - 14:30

Poster Session I

14:30 - 15:30

PLENARY4 Chair: Jonathan Chick Alcohol misuse in special populations; learning disabilities and people with traumatic brain injury. Christos Kouimtsidis, UK

#### 15:30 - 17:00

#### S08 Clinically relevant research in subgroups of alcoholism Chairs: Roberta Ward, UK/Belgium / Henriette Walter, Austria

Towards personalized treatments for alcohol use disorder: a focus on alpha-1 blockade Carolina L. Haass-Koffler, USA

Temperament and motivation in subgroups of alcoholism Samuel Pombo, Portugal

The role of microglia in the alcoholic brain Roberta Ward, UK and Belgium

Pharmacotherapy in Lesch Alcoholism Typology Henriette Walter, Austria

Subgroups of addiction: from basic research to therapy Discussant: Otto Lesch, Austria

**DANAE HALL** 

#### S09 Role of Nutrition in Alcoholic Liver Disease Chairs: Irina A. Kirpich, USA / Samir Zakhari, USA

Dietary linoleic acid and its oxidized metabolites exacerbate liver injury caused by ethanol via induction of hepatic pro-inflammatory response. *Irina A. Kirpich, USA* 

Role of fat/carbohydrate ratio and dietary fat type in development of alcoholic pathology Martin J.J. Ronis, USA

Betaine: A promising therapeutic in the treatment of alcohol-induced liver injury. *Kusum Kharbanda, USA* 

Summary and Discussion. Nutrition and alcohol-induced multiorgan pathology: Clinical aspects Samir Zakhari, USA

#### MINOS HALL

#### LUNCH BREAK

#### 15:30 - 17:00

#### S10 Why do repeated alcohol detoxifications matter? Chairs: Christos Kouimtsidis, UK / Theodora Duka, UK

Cognitive and psychological impact of alcohol detoxifications Theodora Duka, UK

Neuro-inflammation and alcohol addiction: correlation with memory and motor impairment Alexis Bailey, UK

Clinical implications and interventions to reduce the risk of unsuccessful alcohol detoxifications / Christos Kouimtsidis, UK

#### 17:00 - 17:30

#### COFFEE TO GO

**MINOS HALL** 

#### 17:30 - 19:00

#### S11 Novel G protein-coupled receptors as potential targets for treating alcoholism Chair: Esa Korpi, Finland

Introduction: Beyond the opioid receptor antagonists Esa Korpi, Finland

Novel findings on Nociceptin receptor system as a treatment target for alcoholism Roberto Ciccocioppo, Italy

Dopamine D3 receptor-dependent changes in GABAA receptor alpha 6 subunit expression control voluntary ethanol intake *Gian Marco Leggio, Italy* 

Amylinergic receptor activation attenuates alcohol-mediated behaviours in rodents *Elisabet Jerlhag, Sweden* 

Oxytocin system and alcohol reward: from rodents to man Rainer Spanagel, Germany

#### **DANAE HALL**

#### S12 Possibilities and pitfalls in mutual help for alcohol problems Chair: Jonathan Chick, UK

Learning resilience: exploring recovery in a sample of adherents of the 12 step groups Claire Hiernaux, France

Mutual-aid associations: a hidden resource to improve knowledge and clinical research on alcoholism / Bertrand Nalpas, France

Barriers to professional's usage of mutual aid groups Jonathan Chick, UK.

How does engagement with online mutual aid support recovery from problematic alcohol use? / Julia Sinclair, UK

#### ATHENA HALL

#### 17:30 - 19:00

#### ATHENA HALL

#### S23 Alcohol and cancer Chairs: Vasilis Vasiliou, USA / Helmut K. Seitz, Germany

Alcohol and cancer risk with focus on moderate drinking Carlo La Vecchia, Italy

Alcohol and cancer: Update 2017 Samir Zakhari, USA

Molecular mechanisms in alcohol-induced cancer: Novel implications for acetaldehyde and lipid peroxidation aldehydes Vasilis Vasiliou, USA

Alcohol and fat: A double whammy for liver injury and cancer Devanshi Seth, Australia

The role of CYP2E1 in alcoholic liver disease and alcohol mediated hepatocarcinogenesis Helmut K. Seitz, Germany

19:00 - 20:30

**DANAE HALL** 

**ESBRA** General Assembly

# TUESDAY 10TH OCTOBER, 2017

#### 08:30 - 10:00

#### MINOS HALL

S13 Challenges in the treatment of alcoholic liver disease (Symposium organized by the Hellenic Association for the Study of the Liver) Chair: Evangelos Akriviades, Greece

Treatment strategies and optimal therapeutic interventions in acute alcoholic steatohepatitis Alexandra Alexopoulou, Greece

Current views on pentoxyphylline issue for acute alcoholic steatohepatitis Dimitrios Samonakis, Greece

Succeeding alcohol abstinence: A hard issue? Mairi Koulentaki, Greece

Liver transplantation in alcoholic liver disease: Pros & Cons Emmanouil Sinakos, Greece

**DANAE HALL** 

#### S14 New approaches for understanding alcohol use disorders and potential new treatments (ESBRA-LASBRA Joint Symposium) Chairs: Rosana Camarini, Brazil / Mickael Naassila, France

Understanding the neurobiology of alcohol abstinence: The oxytocin story Alexis Bailey, UK

Parallel approaches for oxytocin and environmental enrichment upon ethanol's rewarding effects Rosana Camarini, Brazil

Individual variation in the susceptibility to loss of control over alcohol use in rats Heidi Lesscher, The Netherlands

Effect of N-acetylcysteine on motivation, seeking and relapse to ethanol self-administration in alcohol dependent and non-dependent rats *Mickael Naassila, France* 

**ATHENA HALL** 

WORKSHOP 3 Benefits of hypnotherapy against craving? Henriette Walter, Austria

#### 10:00 - 10:30

COFFEE TO GO

#### 10:30 - 11:30

PLENARY5 Chair: Giovanni Addolorato Subgroups of addiction: From basic research to therapy Otto Lesch, Austria

## TUESDAY 10TH OCTOBER, 2017

#### 11:30 - 13:00

#### **MINOS HALL**

#### S15 New insights into adolescent binge drinking: Preclinical and clinical studies Chairs: Consuelo Guerri, Spain / Rosana Camarini, Brasil

Neuroinflammation and epigenetic processes after only two binges of ethanol in young adult rats / Olivier Pierrefiche, France

Sex differences in peripheral and brain inflammation in adolescents with binge drinking: Preclinical and clinical studies / Consuelo Guerri, Spain

Episodic memory in young binge drinkers: A neuropsychological approach Carina Carbia, Spain

Effects of environmental enrichment upon ethanol-induced conditional place preference and BDNF levels in adolescent and adult mice Rosana Camarini, Brazil

#### DANAE HALL

# S16 Alcoholic Fatty Liver Disease: Use of animal and cell models for identification of potential novel therapeutic targets and implications of alcohol-therapeutic interactions Chairs: Carol A. Casey, USA / Min You, USA

Role of matrix rigidity on hepatocytes and liver sinusoidal endothelial cells in alcohol induced hepatic fibrogenesis Srivatsan Kidambi, USA

MitoNEET deficiency stimulates endocrine adiponectin-Fgf15/19 signaling and alleviates alcoholic steatohepatitis in mice. / Min You, USA

Ethanol-induced disorganization of Golgi apparatus: Role of defective Rab3D function Carol A. Casey, USA

Drug of use interaction with alcohol-induced liver injury Manuela Neuman, Canada

#### **ATHENA HALL**

#### S17 Alcohol use disorders in the General Hospital Chairs: Ioannis Diakogiannis, Greece / Panagiotis Panagiotidis, Greece

Management of alcoholic patients in the emergency department: Physical and psychiatric problems Ioanna Myta, Greece

Screening and brief interventions for alcohol use disorders in a General Hospital setting *Panagiotis Panagiotidis, Greece* 

Liaison services for alcohol use disorders in the General Hospital Konstantinos Randis, Greece

Group therapy for alcohol use disorders in a General Hospital setting Ioannis Diakogiannis, Greece

# TUESDAY 10<sup>TH</sup> OCTOBER, 2017

13:00 - 14:00	LUNCH BREAK
14:00 - 14:30	
Poster Session II	
	ATHENA HALL
ESBRA BOARD MEETING II	
14:30 - 15:30	MINOS HALL
PLENARY6 Chair: Consuelo Guerri Fetal Alcohol Spectrum Disorders (FASD). An overview Edward P. Riley, USA	
15:30 - 17:00	MINOS HALL
S18 Joint EASL-ESBRA symposium New molecular insight leads to new therapeutic concepts Chairs: Pau Sancho-Bru (EASL) / Felix Stickel (ESBRA)	
MicroRNAs in alcoholic hepatitis – markers or targets, or both? Pau Sancho-Bru, Spain	
Alcohol withdrawal and hepatic encephalopathy in people with cirrhosis - a therapeutic dilemma Marsha Y. Morgan, UK	
How to diagnose and treat safely alcohol dependence in patients with c liver disease? Marcin Wojnar, Poland	Ilcoholic
Applying genetic information on hepatocellular carcinoma surveillance strategies – are we there yet? Luca Valenti, Italy	

# TUESDAY 10TH OCTOBER, 2017

#### 15:30 - 17:00

#### DANAE HALL

#### S19 Alcohol use disorders in Greece: Clinical and treatment issues Chairs: Thomas Paparrigopoulos / Dimos Fotopoulos

Alcohol use disorders and co-occurring psychopathology: Clinical issues and strategies *Eleftherios Mellos, Greece* 

Alcohol treatment modalities: the Greek experience. The "Athena" Unit paradigm Dimitrios Panteleakis, Greece

Alcohology Outpatient Clinic in a University Hospital. Aspects of an interdisciplinary approach Evangelos Grinakis, Greece

Treatment of alcohol use disorders in an inpatient setting: Clinical issues and management Thomas Paparrigopoulos, Greece

Priorities and concerns on alcohol use in Europe and Greece. Dimos Fotopoulos, Greece

ATHENA HALL

#### S20 Alcohol potentiates the pathogenesis of viral infections Chairs: Kusum K. Kharbanda, USA / Natalia A. Osna USA

Alcohol potentiates viral hepatitis progression: Role of apoptotic bodies Natalia A. Osna, USA

Epigenetic mechanisms in alcohol and HIV-infection associated immune suppression *Shirish Barve, USA* 

Alcohol interaction with HIV disease pathogenesis; translational approach to understanding mechanisms and comorbidities Patricia E. Molina, USA

Alcoholic liver disease and hepatitis C Sebastian Mueller, Germany **Discussant**: Samir Zakhari, USA

#### 16:00 - 17:00

#### COFFEE TO GO

#### 17:00 - 18:00

Charles Lieber Memorial Lecture Chair: Tomas Zima Alcohol Intake: From Initiation to Relapse Binge-drinking. Mechanisms and Translational Opportunities Yedi Israel, Chile

# TUESDAY 10TH OCTOBER, 2017

#### 18:00 - 19:30

#### **MINOS HALL**

#### S21 Comorbidities of alcohol dependence JMSAAS/ESBRA joint symposium Chairs: Toshi Saito, Japan / Helmut K. Seitz, Germany

The role of class III alcohol dehydrogenase in alcohol-related disorder on liver and bone Takahisa Okuda, Japan

Survey of the relationship between alcohol - related cognitive dysfunction and cerebral blood flow Tomohiro Shirasaka, Japan

Comorbidities of alcoholics with homozygous for the aldehyde dehydrogenase 2\*2 gene allele *Fumihiko Ueno, Japan* 

Alcohol misuse in combination with drug therapy. A deadly combination Manuela Neuman, Canada

Hypoxia induced hepcidine: role of STAT3 in the liver Ines Silva, Germany

**DANAE HALL** 

#### S22 YOUNG INVESTIGATOR SYMPOSIUM Chairs: Tomas Zima, Czech Republic / Iannis Mouzas, Greece

Insights into the mechanisms underlying the relationship between stress and alcohol consumption Sebastian Trautmann, Germany

Non-alcoholic hepatic steatosis and liver features among patients with chronic hepatitis B Nazlı Begüm Öztürk, Turkey

Changes in the serum metabolite profile correlate with reduced brain grey matter volume in heavy-drinking young adults *Olli Kärkkäinen, Finland* 

Moderate alcohol consumption may be a risk factor for adverse brain outcomes and cognitive decline Anya Topiwala, UK

**ATHENA HALL** 

WORKSHOP 4 Cognitive behavioral treatment in alcohol use disorders. A user guide Christos Kouimtsidis, UK

#### 20:30

Departure by coach in front of the Creta Maris Convention Centre Evening including dinner arrangements and a Folklore show in a Cretan Village Return to the hotel around Midnight

# WEDNESDAY 11TH OCTOBER, 2017

#### 08:30 - 10:00

#### **MINOS HALL**

#### FREE ORAL COMMUNICATIONS / ALCOHOL INDUCED ORGANIC DAMAGE Chairs: Joaquim Fernandez-Sola, Spain / Felix Stickel, Switzerland

Stressful exposure to the public in the workplace is associated with alcohol use: findings from the Constances cohort / G. Airagnes, France

Alcohol consumption during pregnancy and lactation in rats affects the postnatal development of cerebellum cortex in their offspring / P.A. Sukhadolski, Belarus

Organ and sex specific effect of chronic alcohol consumption on plasmacytoid dendritic cells / C. Aloman, USA

Carriage of rs738409 in PNPLA3 is positively associated with the severity of histological damage in patients with alcoholic hepatitis / S.R. Atkinson, M.Y. Morgan, UK

Decreased  $\omega$ 6: $\omega$ 3 ratio or resolvin D1 treatment attenuated chronic alcohol-induced liver injury in mice via reducing hepatic neutrophil infiltration and down-regulation of pro-inflammatory gene expression / *I.Kirpich, USA* 

Development of a peripherally restricted CB1 receptor antagonist for alcoholic steatosis *R. Maitra, USA* 

DANAE HALL

S24 Neuroimaging Consortia in Alcohol Research / (SYMPOSIUM ORGANIZED BY ISBRA-ESBRA) Chairs: Rainer Spanagel, Germany / Mickael Naassila, France

The ICCAM platform: To investigate the neuropharmacology of brain processes relevant to addiction / George Savulich, UK

The SyBil-AA project: Modeling and validating disease state networks in human and animal brains / Wolfgang Sommer, Germany

IMAGEN: Determinants of early alcohol use in healthy adolescents / Frauke Nees, Germany

National Consortium on Alcohol and Neurodevelopment in Adolescence (NCANDA). Determinants of problematic alcohol use on the developing adolescent brain Bonnie J. Nagel, USA

#### 10:00 - 10:45

Lecture Nordmann Award 2016 Winner Chair: Philippe de Witte Lucia Hipólito, Spain

10:45 - 11:45

MINOS HALL

**MINOS HALL** 

#### PLENARY7 Chair: Felix Stickel

Alcohol-related liver disease and its neurological co morbidities-is it all in the genes Marsha Y Morgan, UK

11:45 - 13:00

**CLOSING CEREMONY, AWARDS** 

# ESBRA CRETE 2017 SCIENTIFIC PROGRAM

PLENARY

# OCTOBER SUNDAY 8<sup>TH</sup> MONDAY 9<sup>TH</sup> TUESDAY 10<sup>TH</sup> WEDNESDAY 11<sup>TH</sup>

#### ETHANOL'S INTERACTION WITH BRAIN DOPAMINE SYSTEMS PROVIDES CLUES FOR NEW TREATMENTS OF ALCOHOLISM.

#### **Bo Söderpalm**

Department of Psychiatry and Neurochemistry, Institute of Neuroscience and Physiology, University of Gothenburg

Animal and human studies have revealed that ethanol activates brain dopamine neurons resulting in dopamine release in striatal areas, most notably in the nucleus accumbens (nAc; ventral striatum). Further, repeated exposure to alcohol reduces baseline extracellular dopamine levels in rats and brain imaging studies in alcoholics suggest that alcoholism, like other substance addictions, is associated with signs of compromised pre- and- post-synaptic dopamine activity in the striatum.

In a series of rat studies we have identified that strychnine-sensitive glycine receptors in the nAc and nicotinic acetylcholine receptors in the ventral tegmental area are involved in a neurocircuitry mediating the dopamine activating effect of ethanol and that interference with either receptor population modulates ethanol consumption. Proof for the nicotinic receptor concept was recently obtained in two RCTs studying the partial nicotinic acetyl-choline receptor agonist varenicline.

Both studies were positive and the effect sizes were 0.35-0.4, i.e. approximately double those of naltrexone and acamprosate. A theoretical rational for a new RCT aimed at boosting the varenicline effect will be provided. Also the glycine receptor concept was recently challenged in an RCT with a glycine reuptake blocker. This study was negative, tentatively due to short-comings in the design, including lack of an objective marker of alcohol intake.

Since animal studies have shown that acamprosate's ethanol intake reducing effect involves glycine receptors, the established clinical effect of acamprosate may, however, serve as proof-of-concept for the glycine receptor concept.

#### PHARMACOLOGICAL TREATMENT OF ALCOHOLIC PATIENTS: A FOCUS ON GABAb-ERGIC DRUGS

#### Giovanni Addolorato

Alcohol Use Disorder Unit, Department of Internal Medicine, Gastroenterology and Hepatology, Catholic University of Rome, Italy.

In addition to psychosocial intervention, pharmacological approaches represent an effective strategy in the treatment of Alcohol Use Disorders (AUDs). Among effective drugs useful in the treatment of AUD, GABAB-ergic medications have been tested with encouraging results (i.e. sodium oxybate, baclofen, gabapentin, pregabalin and tiagabine). The present lecture will be focused in particular on the role of Sodium Oxybate (SO) and baclofen.

SO is able to suppress alcohol withdrawal syndrome (AWS), with an efficacy similar to that of diazepam, chlormethiazole and oxazepam, and to prevent relapse. Several studies have shown that SO 50-100 mg/kg, in 3 daily administrations, reduces the number of daily drinks and alcohol craving, and improves the abstinence rate. Non-responders benefited from a divided dosing schedule. Craving for SO with consequent abuse during treatment ranged from 2.6% to 10.1%. Pharmaco-surveillance indicates that SO has limited abuse potential in a clinical setting under strict medical surveillance.

Baclofen was initially investigated in Italy as a possible drug for the treatment of AUD. Preliminary open label and double blind studies showed the efficacy of baclofen to induce and maintain alcohol abstinence at the low dose of 10 or 20 mg. t.i.d. The useful of baclofen was subsequently supported in particular in France by several case reports, case series and observational studies in which higher dose was used. These preliminary observation were confirmed in a recent RCT which showed the efficacy and safety of individually titrated high-dose baclofen (30-270 mg/die). The mean dose of baclofen consumed by patients was 180 mg/day. The drug was well tolerated and no serious adverse events were reported. Recently baclofen was approved in France for the treatment of AUD patients with a temporary permission (3 years).

Moreover, baclofen has been found to suppress AWS with an efficacy comparable to that of diazepam. The most interesting aspect of this drug is the safety and effective in patients with advanced liver disease. In given its primary renal metabolism and the very low liver metabolism (about 15 %), at present baclofen represents the only anticraving medication formally tested in a RCT in AUD patients with liver cirrhosis. In view of its efficacy and safety, baclofen was included both in the European (EASL) and in the American (AASLD) Association for the Study of Liver Diseases clinical practice guidelines for the management of alcoholic liver disease.

#### ALCOHOL AND CANCER: FROM EPIDEMIOLOGY TO GENETIC SUSCEPTIBILITY AND ANIMAL MODELS

#### Vasilis Vasiliou

Department of Environmental Health Sciences, Yale School of Public Health, Yale School of Medicine, New Haven, CT 06520

Alcohol consumption is the third leading risk factor for disease and mortality in Europe. It has also been associated with cancers of the oral cavity, pharynx, larynx, esophagus, liver, colorectum and female breast wherein, a dose-response relationship appears to exist such that the risk of developing these cancers increases in proportion to the amount of alcohol consumed. Enigmatically, alcohol intake decreases the risk of thyroid cancer and lung cancer (with evidence most strongly supporting lower risk for light and moderate drinkers relative to non-drinkers) and does not appear to affect prostate cancer incidence.

Based on these epidemiological data, it is clear that alcohol affects various tissues of the body differently. Human genetic polymorphisms appear to play a role in the interplay between gene-alcohol interactions in cancer outcomes, particularly as they apply to alcohol metabolizing enzymes or enzymes involved in folate synthesis. Research into the mechanisms by which ethanol induces cancer is limited by the lack of an animal model in which alcohol alone is able to induce cancer.

This lecture will address the topic of alcohol and cancer and will focus on the controversies in epidemiological studies, the identification of susceptible populations, and the current status of animal models to study the causal effect of alcohol and cancer.

## PLENARY 4

#### ALCOHOL MISUSE IN SPECIAL POPULATIONS; LEARNING DISABILITIES AND PEOPLE WITH TRAUMATIC BRAIN INJURY

#### Christos Kouimtsidis

Imperial College London, Surrey and Borders Partnership NHS Foundation Trust

There is little and conflicting evidence on the prevalence of alcohol misuse and treatment available for people with Intellectual Disabilities (also referred as Learning Disabilities). It is hypothesised though that similarly to other vulnerable populations following the closure of long-stay hospitals, adults with ID have increasingly lived more independently in the community, which has increased their exposure to environmental stressors and alcohol misuse. The session is based on the experience gained from the first in the UK feasibility study on this topic.

Those that sustain Traumatic Brain Injuries are widely recognised to be underserved by current clinical services. Each year an estimated 1 million people attend hospital emergency departments in the UK following TBI, and chronic psychiatric, behavioural and cognitive difficulties are common. There is a well-established link between TBI and alcohol misuse, with both TBI leading to increased levels of alcohol misuse and alcohol misuse contributing to risk of TBIs. The effects of neuronal damage have been shown to increase after TBI accompanied by alcohol intoxication, making this a pressing and timely topic for discussion.

#### SUBGROUPS OF ADDICTION: FROM BASIC RESEARCH TO THERAPY

#### Otto Michael Lesch

Medical University Vienna, Psychiatric Department otto.lesch@meduniwien.ac.at

Changes of DSM 5 and ICD 11 show that craving is the central symptom of addiction often independent of the leading drug of addiction.

The etiology in the past was often reduced to the effects of drugs like nicotine or alcohol, but today we know that genetic, biological and psychosocial vulnerabilities are very important to develop addiction.

In trials with nearly 8000 young people we could show the importance of personality factors like temperament or ADHD. The heterogeneity of addiction is undoubted and genetic, basic research and therapeutic trials will be shown demonstrating that we need subgroups of addiction to get better prevention and treatment programs.

These scientific results should be included in a program following the knowledge of psychotherapy in motivation, crisis intervention and relapse prevention programs. WHO and UNDOC published in 2016 the "Minimal Standards of Addiction treatment". It should be our goal to combine scientific data with this minimal standards.

# PLENARY 6

#### FETAL ALCOHOL SPECTRUM DISORDERS: AN OVERVIEW AND UPDATE

#### Edward P. Riley

San Diego State University, San Diego, CA, USA

The impact of prenatal alcohol exposure is a global public health issue, with an estimated 119,000 children born worldwide every year with fetal alcohol syndrome (FAS). Considering the full spectrum of effects (fetal alcohol spectrum disorders (FASD)) we may be talking about over a million individuals impacted by prenatal alcohol exposure each year. The economic cost of dealing with FASDs is enormous. For example, in Canada FASD was estimated to cost approximately \$1.8 billion per year. Despite campaigns to promote awareness of FASDs, a global prevalence of alcohol consumption during pregnancy is estimated to be near 10%.

This plenary will begin with a short overview of epidemiological and economic data related to FASDs, followed by a discussion of the diagnosis of the various categories included under the umbrella of FASDs. Next will be an overview of recent advances in diagnosis and screening of FASD with an emphasis on novel techniques to overcome the issue of limited access to appropriate diagnostic services. At the core of the health issues related to FASD are the behavioral problems and the next part of this plenary will deal with alterations in brain and behavior with an emphasis on longitudinal changes.

Remaining research challenges, such as the identification of biomarkers and genetic risk/ resiliency factors will be addressed in closing.

#### ALCOHOL-RELATED LIVER DISEASE AND ITS NEUROLOGICAL COMORBIDITIES-IS IT ALL IN THE GENES

#### Marsha Y Morgan

UCL Institute for Liver & Digestive Health, Division of Medicine, Royal Free Campus, University College London, Hampstead, London NW3 2PF, UK marsha.morgan@ucl.ac.uk

Alcohol dependence is a familial disorder and hence genetic factors are thought to play a role in its development. However, the results of a large number of genome-wide association studies have failed to identify robust, replicable candidate genes that confer risk although the protective effect of carriage of variants in ADHIB has been repeatedly confirmed. Alcohol misuse is associated with thiamine deficiency and the development of Wernicke's encephalopathy; variants in the genes responsible for modifying intracellular thiamine transport are associated with the risk for developing this neuropsychiatric condition.

Approximately 20% of individuals who chronically misuse alcohol will develop alcohol-related cirrhosis; this susceptibility is known to be, at least in part, genetically determined. Variants in PNPLA3, TM6SF2 and MBOAT7 account for approximately 35% of the variance.

The presence of cirrhosis is associated with the development of a hepatic encephalopathy which manifests as a wide spectrum of neuropsychiatric abnormalities; patients who are long-short heterozygotes for a promoter microsatellite variant in GLS1 are significantly protected against the development of this syndrome.

# CHARLES LIEBER MEMORIAL LECTURE

#### ALCOHOL INTAKE: FROM INITIATION TO MAINTENANCE AND RELAPSE BINGE-DRINKING. MECHANISMS AND TRANSLATIONAL OPPORTUNITIES.

 Yedy Israel, 1 María Elena Quintanilla, 1,2 Paola Morales, 3 Marcelo Ezquer 1 Mario Herrera-Marschitz, 3 Fernando Ezquer.
 Molecular & Clinical Pharmacology Program, ICBM and 2 Department of Neuroscience, Faculty of Medicine University of Chile, 3Center for Regenerative Medicine, Faculty of Medicine-Clínica Alemana, Universidad del Desarrollo, Santiago, Chile.

The progression from; (i) initial ethanol intake, to (ii) chronic ethanol intake (without overt intoxication and negative reinforcement) and (iii) relapse-like drinking, can be mechanistically distinguished as separate entities in preclinical studies. (i) Drug studies have shown that ethanol metabolism into acetaldehyde by brain catalase is required to elicit early intake of ethanol. Further, early ethanol intake and dopamine release were fully abolished by blockade (shRNA) of catalase synthesis at the ventral-tegmental-area. Acetaldehyde trapping agents or gene-induced (Aldh2) degradation of acetaldehyde also inhibited early ethanol intake up to 90%. Brain acetaldehyde reacts with dopamine forming salsolinol that has motivational effects per se, which may constitute or may add to the reinforcing effect of acetaldehyde. (ii) Conversely, after chronic voluntary ethanol intake, a reduction of acetaldehyde generation or of acetaldehyde levels no longer influence chronic ethanol intake, whether determined in operant conditions or by voluntary intake. Neuroinflammation generated by chronic ethanol intake appears responsible for the protracted ethanol intake during the chronic maintenance phase. Neuroinflammation per se has been shown to reduce the levels of the astrocyte glutamate transporter (GLT-1), to markedly increase extracellular glutamate levels and to induce astrocyte reactivity. On the ethanol maintenance phase, intake is inhibited by 75-80% by (a) the administration of a cephalosporin antibiotic (Ceftriaxone) that increases GLT-1 gene expression; (b) the administration of an anti-inflammatory drug (N-Acetyl Cysteine) or (c) the intracerebro ventricular injection of anti-inflammatory mesenchymal stem cells. (iii) Following chronic ethanol intake, if animals are deprived of ethanol for a long period (often 14 days), are subsequently exposed to ethanol cues and are allowed ethanol re-access, a marked relapse-like intoxicating ("binge") intake occurs (termed the Alcohol-Deprivation-Effect: ADE). After ethanol deprivation, brain acetaldehyde is again required to elicit the ADE, while neuroinflammation is perpetuated. The ADE is inhibited by 70-85% by anti-catalase shRNA, the intracerebral administration anti-inflammatory mesenchymal stem cells or orally administered N-Acetyl Cysteine. Overall, studies indicate that the administration of (i) oral N-Acetyl Cysteine and (ii) anti-inflammatory mesenchymal stem cells (see also Morales et al ESBRA 2017) afford translational opportunities for the treatment of alcohol-use disorders.

FONDECYT #1170712; #1150589, CONICYT #21130739.

# ESBRA CRETE 2017 SCIENTIFIC PROGRAM

POSTER

# OCTOBER SUNDAY 8<sup>TH</sup> MONDAY 9<sup>TH</sup> TUESDAY 10<sup>TH</sup> WEDNESDAY 11<sup>TH</sup>

#### PO 01

Alcohol consumption during pregnancy in rats induces dramatic ultrastructural disturbances in brain cortex neurons in offspring Zimatkin SM, Bon El

Grodno State Medical University, Grodno, Belarus

#### PO 02

# VGLUTs in the mesocorticolimbic brain of adolescent outbred rats exposed to alcohol and nicotine

Vrettou M<sup>1</sup>, Nordenankar K<sup>2#</sup>, Segerström L<sup>2#</sup>, Wallén-Mackenzie Å<sup>3</sup>, Fredriksson R<sup>2</sup>, Comasco E<sup>1\*</sup>, Nylander I<sup>2\*</sup>

#\*equal contribution

<sup>1</sup>Department of Neuroscience, Uppsala University, Uppsala, Sweden, <sup>2</sup>Department of Pharmaceutical Bio sciences, Uppsala University, Uppsala, Sweden <sup>3</sup>Department of Organismal Biology, Uppsala University, Uppsala, Sweden

#### PO 03

#### MAOA methylation: a molecular mechanism behind the effect of early life stress and voluntary alcohol consumption on MAOA expression in wistar rats

Bendre MN<sup>1</sup>, Nilsson KW<sup>2</sup>, Granholm L<sup>3</sup>, Nylander I<sup>3</sup>, Comasco E<sup>1</sup>

<sup>1</sup>Department of Neuroscience, Uppsala University, Uppsala, Sweden, <sup>2</sup> Centre for Clinical Research, Uppsala University, Västerås, Sweden, <sup>3</sup>Department of Pharmaceutical Biosciences, Uppsala, Sweden

#### PO 04

#### Anti-inflammatory mesenchymal stem cell-derived spheroids inhibit chronic and relapse-like ethanol intake and reduce oxidative stress

<sup>1,2</sup>Morales P, <sup>3</sup>Ezquer F, <sup>2</sup>Quintanilla ME,
<sup>2</sup>Lespay-Rebolledo C, <sup>3</sup>Santapau D,
<sup>1</sup>Valdes JL, <sup>4</sup>Kogan M, <sup>4</sup>Salas E, <sup>2</sup>Herrera-Marschitz M, <sup>2</sup>Israel Y.

<sup>1</sup>Department of Neuroscience, <sup>2</sup>Molecular and Clinical Pharmacology Program, ICBM; Faculty of Medicine; <sup>4</sup>Department Pharmacol Toxicol Chem, University of Chile; <sup>3</sup>Center for Regenerative Medicine, Faculty of Medicine-Clínica Alemana, Universidad del Desarrollo, Santiago, Chile.

#### PO 05

**UChB Fenofibrate-induced reduction of voluntary ethanol intake in uchb rats: evidence of peripheral and central effects** Rivera-Meza M<sup>1</sup>, Jerez E<sup>1</sup>, Muñoz D<sup>2</sup>, Quintanilla ME<sup>3</sup>, Salinas-Luypaert C<sup>1</sup>, Fernández K<sup>4</sup>, Karahanian E<sup>2,5</sup>

<sup>1</sup>Department of Pharmacological and Toxicological Chemistry, Universidad de Chile, Santiago, Chile, Center for Biomedical Research, Faculty of Health Sciences, Universidad Autónoma de Chile, Santiago, Chile, <sup>3</sup>Institute of Biomedical Sciences, Faculty of Medicine, Universidad de Chile, Santiago, Chile, <sup>4</sup>CIB, Faculty of Health and Dentistry, Universidad Diego Portales, Santiago, Chile, <sup>5</sup>Research Center for the Study of Alcohol Drinking Behavior in Adolescents, Universidad Autónoma de Chile, Santiago, Chile

#### PO 06

Limbic neuroadaptations may contribute to enhanced skilled reach performance following repeated ghrelin administration Vestlund J<sup>1</sup>, Bergquist F<sup>1</sup>, Eckernäs D<sup>1</sup>, Engel JA<sup>1</sup>, Licheri V<sup>2</sup>, Adermark L<sup>2</sup>, Jerlhag E<sup>1</sup> <sup>1</sup>Department of Pharmacology, Institute of Neuroscience and Physiology, The Sahlgrenska Academy at the University of Gothenburg, Gothenburg, Sweden <sup>2</sup>Addiction Biology Unit, Department of Psychiatry and Neurochemistry, Institute of Neuroscience and Physiology, The Sahlgrenska Academy at the University of Gothenburg, Gothenburg, Sweden

#### PO 07

# Cannabinoid CB2 receptors drive alcohol seeking and relapse in conditioned place preference procedure

Warnault V<sup>1</sup>, Mondragón N<sup>1</sup>, Pastor A<sup>2</sup>, De La Torre R<sup>2,3</sup>, Valverde O<sup>1,4</sup> <sup>1</sup>Research Group in Neurobiology of Behaviour (GReNeC-NeuroBio), Department of Experimental and Health Sciences (DCEXS), Universitat Pompeu Fabra, Barcelona, Spain, <sup>2</sup>Integrative Pharmacology and Systems Neuroscience Research Group, Hospital del Mar Medical Research Institute, Barcelona, Spain, <sup>3</sup>Department of Experimental and Health Sciences (DCEXS), Pompeu Fabra University (UPF), Barcelona, Spain, <sup>4</sup>Hospital del Mar Medical Research Institute, Barcelona, Spain

#### PO 08

#### Alcohol use among epileptics in dry vs. wet Native Alaskan villages: does prohibition work?

Jeng, G<sup>1</sup>, Hines, S<sup>2</sup>

<sup>1</sup>Center for Neuroscience, University of California Davis, USA, <sup>2</sup>Alaska Native Medical Center, Anchorage, Alaska, USA

#### PO 09

#### Higher folicule stimulating hormone plasma levels differentiate alcoholic males from matched controls

Karpyak VM<sup>1</sup>, Winham SJ<sup>1</sup>, Ho (Ada) MC<sup>1</sup> <sup>1</sup>Mayo Clinic, Rochester, MN, USA

#### PO 10

#### The brain of binge drinkers at rest: restingstate EEG characteristics as assessed by exact low-resolution electromagnetic tomography (eLORETA)

López-Caneda E<sup>1</sup>, Cadaveira F<sup>2</sup>, Correas A<sup>3</sup>,Crego A<sup>1</sup>, Maestú F<sup>3</sup>,Rodríguez Holguín S<sup>2</sup>

<sup>1</sup>Neuropsychophysiology Lab, Research Center in Psychology (CIPsi), School of Psychology, University of Minho, Braga, Portugal, <sup>2</sup>Department of Clinical Psychology and Psychobiology, University of Santiago de Compostela, Galicia, Spain, <sup>3</sup>Laboratory of Cognitive and Computational Neuroscience, Center for Biomedical Technology (CTB), Madrid, Spain

#### PO 11

#### Differences in drinking history between healthy people and patients with cerebral infarction

Nishikawa T<sup>1,2</sup>, Miyamatsu N<sup>2,3</sup>, Higashiyama A<sup>2,4</sup>, Hojo M<sup>5</sup>, Nishida Y<sup>2</sup>, Fukuda S<sup>6</sup>, Ichiura K<sup>3</sup>, Kubo S<sup>2</sup>, Okamura T<sup>2,7</sup> <sup>1</sup> Faculty of Health Science, Kyoto Koka Women's University, Kyoto, Japan, <sup>2</sup> Foundation for Biomedical Research and Innovation, Hyogo, Japan, <sup>3</sup> Department of Clinical Nursing, Shiga University of Medical Science, Shiga, Japan, <sup>4</sup> Department of Preventive Medicine and Epidemiologic Informatics, National Cerebral and Cardiovascular Center, Osaka, Japan, <sup>5</sup> Shiga Medical Center for adults, <sup>6</sup> National Hospital Organization Kyoto Medical Center, <sup>7</sup> Department of Preventive Medicine and Public Health, School of Medicine, Keio University, Tokyo, Japan

#### PO 12

## Evaluation of a cognitive rehabilitation program in 491 patients

Perney P<sup>1</sup>, Nalpas B<sup>1</sup>, Alarcon R<sup>1</sup>, Vial B<sup>1</sup>, Robert L<sup>1</sup>, Rouch J<sup>1</sup>, Legrand T<sup>1</sup>, Ewert V<sup>1</sup>, Simon N<sup>2</sup>, Donnadieu-Rigole H<sup>3</sup>, Pelletier S<sup>1</sup> <sup>1</sup>Service Addictologie, Hôpital du Grau du Roi, CHU Caremeau, Nîmes, <sup>2</sup>APHM, Hôpitaux Sud Sainte Marguerite, Marseille, <sup>3</sup>Service de Médecine Interne et Addictologie, Hôpital Saint Eloi, Montpellier

#### PO 13

#### White matter anomalies in the inhibitory circuitry of young binge drinkers: a diffusion tensor imaging study

Sousa S<sup>1</sup>, Sampaio A<sup>1</sup>, Marques P<sup>2,3</sup>, Gonçalves O<sup>1,4,5</sup>, Crego A<sup>1</sup> <sup>1</sup>Neuropsychophysiology Lab, CIPsi, School of Psychology, University of Minho, Braga, Portugal, <sup>2</sup>Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho, Braga, Portugal, <sup>3</sup>ICVS/3B's - PT Government Associate Laboratory, Braga/Guimarães, Portugal, <sup>4</sup>Spaulding Neuromodulation Center, Department of Physical Medicine & Rehabilitation, Spaulding Rehabilitation Hospital and Massachusetts General Hospital. Harvard Medical School, Charlestown, USA, <sup>5</sup>Department of Applied Psychology, Bouvé College of Health Sciences, Northeastern University, Boston, USA

#### PO 14

## Total alcohol consumption and hangover severity patterns

Van de Loo AJAE<sup>1,2</sup>, Van Schrojenstein Lantman M<sup>1</sup>, Mackus M<sup>1</sup>, Garssen J<sup>1,3</sup>, Scholey A<sup>4</sup>, Verster J.C.<sup>1,2,3</sup>

<sup>1</sup> Division of Pharmacology, Utrecht University, Utrecht, The Netherlands, <sup>2</sup> Institute for Risk Assessment Sciences (IRAS), Utrecht University, Utrecht, The Netherlands, <sup>3</sup> Nutricia Research, Utrecht, The Netherlands, <sup>4</sup> Centre for Human Psychopharmacology, Swinburne University, Melbourne, Australia

#### PO 15

#### Mental resilience and hangover severity

Van de Loo AJAE<sup>1,2</sup>, Van Schrojenstein Lantman M<sup>1</sup>, Mackus M<sup>1</sup>, Aletta D Kraneveld<sup>1,2</sup>, Karel Brookhuis3, Garssen J<sup>1,4</sup>, Verster J.C.<sup>1,2,5</sup>,

<sup>1</sup>Division of Pharmacology, Utrecht University, Utrecht, The Netherlands, <sup>2</sup> Institute for Risk Assessment Sciences (IRAS), Utrecht University, Utrecht, The Netherlands, <sup>3</sup>Groningen University, Groningen, The Netherlands, <sup>4</sup> Nutricia Research, Utrecht, The Netherlands, <sup>5</sup> Centre for Human Psychopharmacology, Swinburne University, Melbourne, Australia

#### PO 16

#### Blood alcohol concentration and memories of faces and scenes in adolescent binge drinkers

Vinader-Caerols C<sup>1</sup>, Duque A<sup>1</sup>, Monleón S<sup>1</sup> <sup>1</sup>Department of Psychobiology, University of Valencia, Valencia, Spain

#### PO 17

#### Preliminary results on the implementation of the screening, brief intervention, and referral to treatment (SBRT) approach in a Portuguese Emergency Department

Barroso, T<sup>1</sup>, Esgaio T<sup>2</sup>

<sup>1</sup>Health Sciences Research Unit: Nursing; Nursing School of Coimbra, Coimbra, Portugal, <sup>2</sup>Health Sciences Research Unit: Nursing, Nursing School of Coimbra, Coimbra, Portugal

#### PO 18

#### Drinking behavior among young-, oldand oldest-old in Japan

Miyamatsu N<sup>1</sup>, Ogita M<sup>1</sup>, Okura M<sup>2</sup>, Yamamoto M<sup>3</sup>, Nakai T<sup>3</sup>, Numata T<sup>3</sup>, Arai H<sup>2,4</sup>

<sup>1</sup>Department of Clinical Nursing, Shiga University of Medical Science, Otsu, Japan, <sup>2</sup>Department of Human Health Sciences, Kyoto University Graduate School of Medicine, Kyoto, Japan, <sup>3</sup>Kami-cho Municipal Office, Kami, Japan, and <sup>4</sup>National Center for Geriatrics and Gerontology, Obu, Japan

#### PO 19

# Alcohol consumption and psychological distress in healthy Japanese residents: the Kobe study

Godai K<sup>1,2,3</sup>, Miyamatsu N<sup>1,2</sup>, Higashiyama A<sup>1,4</sup>, Kubo S<sup>1</sup>, Nishida Y<sup>1</sup>, Sugiyama D<sup>1,5</sup>, Nii Y<sup>1,6,7</sup>, Tatsumi Y<sup>1,8</sup>, Nishikawa T<sup>1,9</sup>, Okamura T<sup>1,5</sup>

<sup>1</sup>Foundation for Biomedical Research and Innovation, Kobe, Japan, <sup>2</sup>Department of Clinical Nursing, Shiga University of Medical Science, Otsu, Japan, <sup>3</sup>Department of Health Promotion Science, Graduate School of Medicine, Osaka University, Suita, Japan, <sup>4</sup>Department of Preventive Medicine and Epidemiology Informatics, National Cerebral and Cardiovascular Center, Suita, Japan, 5Department of Preventive Medicine and Public Health, Keio University, Shinjuku, Japan, Department of Nursing, Shijonawategakuen University, Daito, Japan, <sup>7</sup>Department of Nursing, Graduate School of Medicine, Shiga University of Medical Science, Otsu, Japan, <sup>8</sup>Department of Hygiene and Public Health, Teikyo University School of Medicine, Itabashi, Japan, <sup>9</sup>Department of Health and Nutrition, Kyoto Koka Women's University, Kyoto, Japan

#### PO 20

#### Abuse of alcohol by adolescent girls

Kirpichenka  $AA^1$ , Kopitov  $AV^2$ , Muzhichenka  $VA^3$ 

<sup>1</sup> Vitebsk State Medical University, Vitebsk, Belarus, <sup>2</sup> Republican Research and Practice Center for Mental Health, Minsk, Belarus, <sup>3</sup> Vitebsk Regional Clinical Center of Psychiatry and Narcology, Vitebsk, Belarus

#### PO 21

#### The galician beverage picture set (GBPS): a standardized database of alcoholic and non-alcoholic images

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#### PO 22

#### Alcohol consumption and awareness of associated risks among Medical School students

Myrto Konidaki<sup>1</sup>, Vasiliki Georgopoulou<sup>1</sup>, Vassilis Valatas<sup>2</sup>, Iannis Mouzas<sup>1,2</sup> <sup>1</sup>Medical School, University of Crete, Greece, <sup>2</sup>Gastroenterology Department, University Hospital, Heraklion, Greece

#### PO 23

# Scientific education as a promising tool for addiction prevention in adolescent

Nalpas B<sup>1</sup>, Cordonnier J<sup>2</sup>, Le Bras M<sup>2</sup>, Lafay-dufour F<sup>3</sup>

<sup>1</sup>Inserm, Paris, France, <sup>2</sup>Association l'Arbre des Connaissances, Paris, France, <sup>3</sup>MIL-DECA, Paris, France

#### PO 24

#### Attending clubs of alcoholics in treatment enhance adherence and treatment outcome in Alcohol Outpatient Clinic

Grinakis E<sup>1,2</sup>, Koulentaki M<sup>1,2,3</sup>, Sfakianaki K<sup>2</sup>, Liodaki N<sup>1,2</sup>, Mouzas I<sup>1,3</sup>

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#### PO 25

#### Fabomotizole effect on pre- and postnatal development and DNA damages in the offspring of rats after ethanol exposure Durney AD, Shreder ED

FSBI "Zakusov Institute of Pharmacology", Moscow, Russia

#### PO 26

# Decreased myocardial titin expression in chronic alcoholic cardiomyopathy

Fernández-Solà J<sup>1</sup> M.D., Toll Argudo M<sup>2</sup> M.D, Tobías-Baraja E<sup>2</sup>, Moreno-Lozano P.,M.D<sup>1</sup>, Garrabou-Tornos G, Ph.D<sup>2</sup>, Guitart-Mampel M<sup>2</sup>, Planavila-Porta A<sup>3</sup>, Vilarroya F<sup>3</sup>

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#### PO 27

#### Effect of moderate beer consumption on the development of non-alcoholic fatty liver disease: studies in mice

Jung F<sup>1</sup>, Lippmann T<sup>2</sup>, Engstler AJ<sup>1</sup>, Brandt A<sup>1</sup>, Jin CJ<sup>2</sup>, Bergheim, I<sup>1, 2</sup>

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#### PO 28

#### Putative mechanism of electrical myocardium instability in rat model of alcoholic cardiomyopathy

Kolik LG<sup>1</sup>, Roshchevskaya IM<sup>2</sup>, Kozhevnikova LM<sup>3</sup>, Kryzhanovskii SA<sup>1</sup>

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#### PO 29

#### **Wound healing on aged skin of alcoholics** Martinez FE<sup>1</sup>, Cassettari LL<sup>1</sup>, Nicolau NC<sup>1</sup>, Pinheiro PFF<sup>1</sup>, Chuffa LGA<sup>1</sup>, Padovani CR<sup>1</sup>,

Martinez M<sup>2</sup> <sup>1</sup>Univ Estadual Paulista, Botucatu, Brasil, <sup>2</sup>Univ Federal de São Carlos, São Carlos, Brasil

#### PO 30

# Effects of early postnatal exposure to ethanol causes neuronal loss in cerebral cortex

Britton SM<sup>1</sup> and Miller MW<sup>1, 2, 3</sup> <sup>1</sup>SUNY Upstate Medical University, Syracuse NY, 13210, <sup>2</sup>Developmental Exposure Alcohol Research Center, Binghamton, NY 13902, Cortland NY 13045, and Syracuse NY 13210, <sup>3</sup>Touro College of Osteopathic Medicine, Middletown NY 10940.

#### PO 31

#### The effect of alcohol drinking and smoking on modified atherogenic high density lipoprotein cholesterol levels in a Japanese general population

Okamura T<sup>1,2</sup>, Sawamura T<sup>3</sup>, Miura K<sup>2</sup>, Fujiyoshi A<sup>2</sup>, Miyagawa N<sup>2</sup>, Miyamastu N<sup>2</sup>, Ueshima H<sup>2</sup>

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#### PO 32

#### General Knowledge on alcohol and alcohol use in a cohort of Cretan liver disease patients

Koulentaki M<sup>1</sup>, Orfanoudaki E<sup>1</sup>, Samonakis D<sup>1</sup>, Thalassinos E<sup>3</sup>, Matrella E<sup>1</sup>, Agapitos S<sup>2</sup>, Kalamitsis G<sup>2</sup>, Mouzas I<sup>1</sup>

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#### PO 33

#### Structural and metabolic disturbances in brain histaminergic neurons following alcohol administration in rats

Phedina K.M., Zimatkin S.M., Paulava D.V. Grodno State Medical University, Grodno, Belarus

#### PO 34

#### The effect of orthotopic liver transplantation on miR-21, leptin and gene-methylation patterns in patients suffering from ethyl toxic liver cirrhosis: a pilot study

Proskynitopoulos PJ<sup>1,6</sup>, Rhein M<sup>1,5,6</sup>, Jäckel E<sup>2,6</sup>, Manns MP<sup>2,6</sup>, Frieling H<sup>1,5,6</sup>, Bleich S<sup>1,6</sup>, Thum T<sup>3,6</sup>, Blüher M<sup>4</sup>, Hillemacher T<sup>1,6</sup>, Glahn A<sup>1,6</sup>

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#### PO 35

#### A natural history study of decompensated alcoholic cirrhosis in Crete. Recent improvement in survival

Samonakis D<sup>1</sup>, Koulentaki M<sup>1</sup>, Augoustaki A<sup>1</sup>, Theodoraki E<sup>1</sup>, Orfanoudaki E<sup>1</sup>, Tzardi M2, Matrella E<sup>1</sup>, Kouroumalis E<sup>1</sup>, Mouzas I<sup>1</sup> <sup>1</sup>Department of Gastroenterology & Hepatology, University Hospital of Heraklion Crete, Greece, <sup>2</sup>Department of Histopathology, University Hospital of Heraklion, Crete, Greece

#### PO 36

Ethanol inhibits IL-2 gene expression in human CD4+ T lymphocytes by decreasing promoter histone H3 phosphorylation: relevance to alcohol induced immune suppression

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#### PO 37

#### Prognostic value of liver histology in "lowrisk" alcoholic liver disease (Maddrey score <32)

Stauber RÉ<sup>1</sup>, Spindelboeck W<sup>1</sup>, Rainer F<sup>1</sup>, Douschan P<sup>1</sup>, Lackner C<sup>2</sup> <sup>1</sup>Department of Internal Medicine, Medical University of Graz, Graz, Austria, <sup>2</sup>Institute of Pathology, Medical University of Graz, Graz, Austria

#### PO 38

#### Acrolein, a by-product of alcohol-induced lipid peroxidation, impairs intestinal epithelial barrier function and causes gut permeability

Wei-Yang Chen<sup>2,3</sup>, Jingwen Zhang<sup>1,3</sup>, Min Wang<sup>1,3</sup>, Shirish Barvea<sup>2,3</sup>, Craig Mc-Clain<sup>1,2,3,4</sup> and Swati Joshi-Barve<sup>1,2,3</sup> <sup>1</sup>Department of Medicine, <sup>2</sup>Department of Pharmacology & Toxicology, <sup>3</sup>University of Louisville Alcohol Research Center, and <sup>4</sup>Robley Rex VAMC, Louisville, Kentucky

#### PO 39

#### Single cell gene expression analysis identifies a chronic alcohol-mediated shift in the distribution of hepatocyte molecular states after partial hepatectomy

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